



Someone Had a Vision

MANY WORKED TOGETHER TO MAKE OUR HOSPITAL A REALITY

The year was 1926 ... Calvin Coolidge was president, Henry Ford had just introduced the 40-hour work week, and in the growing city of Butler, Mrs. S.C. Stayton saw the need for a community hospital.

After renting a two-story house at 107 S. Havana Street, she furnished five rooms upstairs for patients, while local doctors furnished an operating room. The first patient was admitted on June 17, 1926.

From that humble beginning, the hospital grew by leaps and bounds. In 1932, during the height of the Great Depression, Mrs. Stayton convinced the city to purchase property for a new hospital.

The new hospital building was two stories tall and had a daylight basement. Located at the corner of Maple and College Streets, it opened June 23, 1932.

In 1943, Butler purchased the building for \$20,000. Though many additions and improvements were made over the years, by the 1950s, it was clear the community needed a new hospital to keep pace with state regulations and growing demand. An average of 1,400 patients were admitted each year. Between 65 to 70% of them lived outside the city limits.

Under the direction of Carl Henry, the hospital's board members raised funds for a new hospital via a \$350,000 county bond issue. When it passed, the ground where the hospital now stands was purchased, and construction began.

The new Bates County Memorial Hospital officially opened Sept. 16, 1960 with 65 employees. It boasted 52 beds, 10 bassinets, a delivery room, two labor rooms, two operating rooms, a clinical laboratory, radiology and an emergency room. In its first five months, 564 patients were admitted and 87 babies were born.

By 1969, the hospital was bursting at the seams, and a \$550,000 bond issue was approved that added 40 beds, bringing the hospital's total to 90, plus a 10-bed nursery.

On Jan. 1, 1973, the city of Butler gave the hospital \$10,000 in operating funds and its first ambulance.

In 1974 and 1977, two more hospital expansions added much-needed space for everything from medical records storage to a respiratory care department.

In 2003, the most recent hospital expansion was completed, adding a second floor for the obstetrics, medical/surgical and critical care units. The obstetrics unit closed in 2009, and the space was converted to a surgical clinic.

On Sept. 16, 2020, the hospital will mark 60 years at its current location, fulfilling Mrs. Stayton's original vision. Looking back, it's clear that keeping a healthy hospital presence in a rural community is the result of its many members working together.

"An organization, no matter how well designed, is only as good as the people who live and work in it," said Jim Shade, BCMH Board Chair. "Congrats on 60 years."



The first hospital for Bates County was established in a rented house in Butler on Havana Street.



Mrs. S.C. Stayton influenced the city of Butler to purchase property on the corner of Maple and College Streets for a new two-story hospital building. It was called Butler Memorial Hospital in memory of Mrs. Stayton's late husband.



On September 16, 1960, Bates County Memorial Hospital officially opened its doors at 615 W. Nursery Street in Butler.



TOP TIPS FROM THE

BCMh Experts

The health care providers at BCMH and Family Care Clinics want you to stay healthy.
Here are their top tips, all of them attainable.



Ben Crary, D.O., Hospitalist

Whether you are trying to lose weight, or just maintain a healthy weight, try keeping a food journal. Write down everything you eat or drink. This can help you visualize calories and patterns. Then,

stop drinking calories, particularly drinks containing sugar, like soda and juice. And finally, try to exercise 30 minutes every day. Studies have shown a brisk 30-minute walk is a great way to help with weight loss and improve heart health.



Jennifer Eick-Jakiela, LCSW, LSW/BHC, Behavioral Health Consultant

Plant a fall garden! It's an enjoyable way to sneak in exercise, feel accomplished and enjoy healthy food—all wonderful for your overall sense of well-being. It's not

too late to plant beet, radish, lettuce and spinach plants, and reap the benefits of having them in your own backyard.



Glenn Gardner, MS, PA-C, Physician Assistant

Active people generally live longer and are at less risk for serious health problems like heart disease, type 2 diabetes, obesity, and some cancers. For people with chronic diseases, physical activity can help manage these conditions and complications. Living in Bates County, there are lots of opportunities to walk, ride bikes, run or play sports, so get out there!



James Miller, D.O., Family Medicine

There's no "safe" level of smoking. Don't kid yourself that smoking a few cigarettes is better than smoking a pack or two a day. And "vaping" is equally bad for you. So if you smoke or vape, please stop. And if you need help, please ask your health care provider. We'll get you the help you need to kick the habit.



James Patterson, D.O., Family Medicine

Raising healthy kids means getting on-time vaccinations throughout childhood. Vaccinations are essential because they help provide immunity before children are exposed to potentially life-threatening diseases. Vaccines are tested to ensure that they are safe and effective for children to receive at the recommended ages.



Lori Rapp, MSN, APRN, FNP-C, Family Nurse Practitioner

Because women experience so many health care challenges—pregnancy, gynecological conditions, cancer, birth control management and menopause, to name a few—it's important to have routine physical exams and discuss specific recommended health screenings every year with your provider. These visits can help properly identify and manage the many health conditions that women face every day.



Megan Reno, PA-C, Physician Assistant

Physical health is important, but so is mental health. We live in a society where many things are overlooked or pushed aside because of distractions, causing us to miss precious moments with family and friends. Try to make healthy choices now that will help you enjoy life long term. Stay fit, eat right, and avoid unhealthy substances so you can enjoy today and tomorrow.



Laura Thiem, DNP, APRN, FNP-BC, PMHNP-BC, Family Nurse Practitioner

Remember to get up and move while using screen devices (desktop computer, laptop, phone, tablet). A good rule of thumb is to move 5 minutes for every hour you're in front of the screen. Reach, stretch, and step away from the screen. And while you're at it, grab a glass of water. Try to drink 4 ounces every hour.



Misty Tourtillott, MSN, APRN, AGNP-C, FNP-C, Family Nurse Practitioner

Talk with your children about puberty and body changes, and discuss breast self-exams and testicular exams. Both breast self-exams and testicular self-exams can be performed monthly and are cost-free ways to monitor the body for changes. Although these may be difficult conversations, empowering our children to be aware of their changing bodies may lead to early detection of potentially life-threatening cancers.



James Wirkkula, D.O., Family Medicine

Only take antibiotics when absolutely necessary, and trust that your health care provider knows when you need one. They only help if you have a bacterial infection, not a virus. Every time you take an antibiotic you don't need, it contributes to antibiotic resistance. That means if you get really sick and need an antibiotic, it might not work.



Family Care Clinic Scheduling



Call 660-200-DOCS (3627)
or toll-free 855-414-3627



Learn more about our providers online:
[@batescountymemorialhospital](https://www.batescountymemorialhospital)

ESTABLISHMENT

Our doors opened on September 16, 1960. BCMH was a 52-bed hospital with 65 employees. In its first five months, 564 patients were admitted and 87 babies were born.



1960

Very quickly, the hospital needed more space. Patients lined the halls and lobby 100% of the time. The hospital's first addition was approved with a bond issue in 1968 and was completed in 1970.

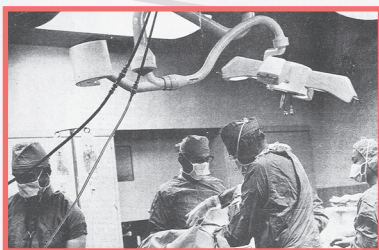
1968



1973

GROWING FOR THE FUTURE

After the hospital's second addition in 1977, the hospital had a new pharmacy, outpatient office, waiting room and treatment rooms, as well as an expanded respiratory care department.



1977



A ceremonial bond burning was held to signify that all bond indebtedness had been paid. Going forward, the hospital paid for additions and improvements with reserve funds.

1987



Much has changed in the world of health care, but BCMH continues to target expansion of its services. Today, we house a state-of-the-art surgical suite and anesthesia equipment.



BATES COUNTY MEMORIAL HOSPITAL

- THEN AND NOW -

See more photos: www.bcmhospital.com



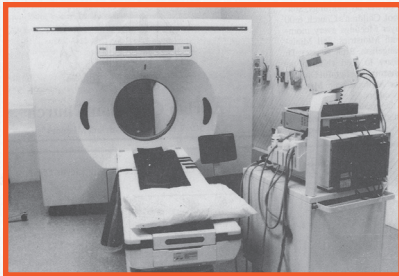
Today, the hospital operates and funds a 24/7 Ambulance Service for Bates County with no tax support.

AMBULANCE

County-wide ambulance service began January 1, 1973, thanks to \$10,000 from the city of Butler and a 1970 Oldsmobile High Top ambulance. The hospital also purchased a 1970 International High Top (pictured).



BCMh is now a 60-bed acute-care facility. We remain a non-profit, independent health system, and the largest employer in Bates County with over 300 employees.



1989

THE LATEST PROCEDURES

A single-slice CT scanner from the mid-'80s doesn't look dramatically different from the latest update in 2020, a premium 80-slice CT Scanner—but the resulting images are amazing and helpful in diagnosis.

Offering the latest health care technology has always been a priority at BCMH. In 2004, we were the **first hospital in the Midwest** to obtain digital mammography. The hospital upgraded to 3D mammography in 2016.



EXPANSION

Steelworkers top off the hospital's latest addition with a crossbeam signed by staff and board members. The project began in 2001 and was completed in 2003.

2003

Family Care Clinics were established, to eventually include four rural health clinics in Adrian, Butler and Rich Hill.

SPECIALTIES

Specialists have seen patients at BCMH since 1973. Our Outpatient Specialty Clinic includes an infusion center and has outgrown the expansion of 2003. In 2019, our Outpatient Specialty Clinics registered 6,631 patient visits.



2009

60 YEARS

In the midst of a pandemic and other hardships, BCMH is standing strong. We will continue to be your Community Hospital, striving to deliver care with the highest level of quality, safety, and experience we are known for.



2020

2019

A MESSAGE FROM OUR CEO

Dr. John Bustle

It's incredible for me to think I have been a part of BCMH for 10 of its 60 years in existence as a county hospital. For the 50 years before I came, there were amazing physicians and administrators who put us in an excellent position to weather storms like the COVID-19 pandemic and to thrive as an independent rural hospital. Though we have had our difficulties, we are positioned to pivot with changes in health care to offer more services and remain financially strong as we move forward.



Bates County Memorial Hospital is your community hospital. We are here to serve you, as our mission states: **to continuously improve the health of the people of our community.** We have made great strides in fulfilling our mission in the past few years.

One of our many projects has been to become accredited by a company named DNV GL, which provides quality driven accreditation and clinical excellence certification to America's hospitals. This accreditation means we choose to be held to a higher standard. Accreditation improves everything we do for our patients, including updating the safety of our facility, renewing our policies and procedures, and expanding the scope of our quality management system, among many others.

All that being said, we are nothing without our staff. With more than 300 employees, we have an amazing group of people who genuinely care about our community, patients and the hospital. Every person who works for this organization is involved in patient care in some way. We are here for you and will continue to be your high-quality community hospital.

Telehealth Connects Patients to Care

When Bates County Memorial Hospital was constructed at its current site in 1960, residents had party phone lines, no one had a computer, except NASA, and televisions were big boxes with tiny black and white screens.



Fast forward to 2020, and communications have changed! Almost everyone has a "smartphone," a desktop or laptop computer, and those black and white TVs are now high-definition screens that hang on the wall.

At the hospital, technology is key to diagnosing and treating patients, but it became even more critical recently during the COVID-19 pandemic.

"Prior to the pandemic, we didn't really use telehealth," said Greg Weaver, Chief Operating Officer/Family Care Clinics Practice Manager. "But within about five days of the virus spreading to our area, we were up and running. Telehealth was the safest way for our providers to see many of their patients, especially those with chronic health conditions."

Greg credits Laura Thiem, DNP, APRN, FNP-BC, PMHNP-BC, Adrian Family Care Clinic, with leading the transition to telehealth visits. "Laura uses the teleconferencing application Zoom to teach nursing students, so she was already familiar with how it worked. She became our teacher, and showed every provider how to use it."

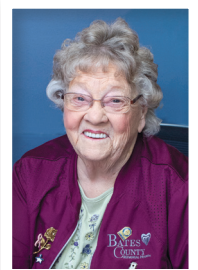
In April and May 2020, providers logged 1,700 telehealth visits with the hospital's 12 primary care providers, the cardiologist and a behavioral health specialist.

With the success of telehealth across the nation, Medicare and most insurance plans may continue reimbursement for visits. If so, Greg anticipates this would allow the hospital to continue to offer this service, and perhaps even expand it.

Ask your provider if a telehealth appointment is an option for your care.

Volunteer of the Year 2019

The Auxiliary membership of Bates County Memorial Hospital voted to select Paula Shaffer as the 2019 Volunteer of the Year. Paula began her volunteer service to the hospital in 2014. She is a joy to work with, and donates her time so generously. Paula has previously served in volunteer capacities as a 4-H leader and served on the Bates County Fair Board. Paula has volunteered over 1,400 hours to the hospital.



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John Bustle, M.D., Chief Executive Officer

Please direct any comments or suggestions to our editor:

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www.bcmhospital.com

Specialists Speak

Tips from the BCMH specialists to keep you healthy!



Mark Austenfeld, M.D., Urologist

Yes, you can drink too much water. For most people, the “just right” dose is about 48 ounces, or three 16-ounce bottles of water, consumed over the course of the day — morning, afternoon and evening. This is in addition to other fluids, like coffee, tea or soda. Drinking more than that can dilute your body’s electrolytes and lead to urinary tract problems, cramping and even heart rhythm problems. People with a history of kidney stones or who work or recreate in a hot, humid environment should double the volume.



Jeffrey Bissing, D.O., Cardiologist

Many people ignore the warning signs of a heart attack. Don’t be one of them. Call 911 immediately if you have chest discomfort, or discomfort in one or both arms, the back, neck, jaw or stomach; shortness of breath; or nausea, lightheadedness or break out in a cold sweat. A quick response may save heart muscle, or even your life.



William Joyce, D.O., General Surgeon

Make sure you keep all your screening appointments. Early detection is important to treating cancers and managing chronic health issues. If you are 18 to 39 years old, have a baseline cholesterol check, skin check for moles and lesions, and get your flu shot. Women, be sure to get your mammograms and pap smears as advised by your doctor, and men, have your testicular exam, and as you get older, get your prostate checked.



Jaswinder Singh, M.D., Oncologist

When cancer is diagnosed, it’s easy to spiral downward emotionally, lose your appetite and quickly fall into depression. That’s why doctors advocate a multi-pronged wellness approach—physical, emotional and mental. I tell my patients although cancer is a hard, life-changing diagnosis, try to maintain a normal routine if possible. Listen to your body and do as much as you can tolerate, including exercise and social commitments, unless your doctor has advised otherwise. It’s important to coach yourself to feel and be normal.



Frank Totta, M.D., Gastroenterologist

If you have heartburn that doesn’t go away, it could indicate a condition called Barrett’s esophagus, which can put you at a slightly higher risk of developing esophageal cancer (the tube that connects the mouth and stomach). Barrett’s esophagus is diagnosed with an upper GI endoscopy and biopsy. If you have it, your doctor will place you on a medication to reduce acid production in your stomach, and will recommend follow-up endoscopy.

BCMh Outpatient Specialty Clinics

Scheduling: 660-200-7006

Audiology

Angela Fyffe, Au.D.

Cardiology

Jeffrey Bissing, D.O.

Craig H. Lundgren, M.D.

Jin Park, M.D.

Endocrinology

Susana D’Amico, M.D., FACE

Gastroenterology

Donald J. Clement, M.D.

Todd Kilgore, M.D.

Frank Totta, M.D.

General Surgery

William Joyce, Jr., D.O.

Nephrology

Ryan Lustig, M.D.

Oncology, Hematology

Nicholas Shuler, D.O.

Jaswinder Singh, M.D.

Ophthalmology

Joseph J. Parelman, M.D.

Orthopedics

Danny Carroll, M.D.

Kim Winkley, MSN, APRN

Pain Management

Matthew Nadler, M.D.

Podiatry

Robert A. Shemwell, D.P.M.

Pulmonary

Timothy W. Smith, M.D., FCCP

Urology

Mark Austenfeld, M.D., F.A.C.S.

For more information visit
www.bcmhospital.com.

BCMh Board Members

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Bates County
Memorial Hospital

Then and Now



See timeline on pages 4-5.

VitalSigns



Chili-glazed Salmon

*From Jennifer Lindquist, RD,
Bates County Memorial Hospital Dietitian*

Ingredients for 3 servings

- 4 oz. salmon, 3 fillets
- 1/2 cup chili sauce
- 1/4 cup fresh scallions, chopped

Preparation

1. Preheat oven to 400°F (200°C).
2. In a bowl, mix together the salmon, chili sauce, and the scallions.
3. Place the fillets on a baking tray lined with parchment paper. Spoon any leftover sauce on top of the salmon.
4. Bake for 12-15 minutes, until the salmon is cooked but still tender.
5. Enjoy!

Nutrition Info

Calories: 107
Fat: 4g
Carbs: 6g
Fiber: 0g
Sugar: 5g
Protein: 7g

*Estimated values
based on one
serving size.*